

## News from the **Sport, Culture and Recreation Board** Year End Review of SCR Board Activities

**A Message from Chairperson of the Sport, Culture and Recreation Board  
- Fraser Markham**

In July 2023, the Parks and Recreation Board was renamed the 'Sport, Culture and Recreation Board' to better reflect its roles and responsibilities in our community. The role of the Sport, Culture and Recreation Board is "to provide recommendations and volunteer support to Staff and Council on matters pertaining to sport, culture, and recreation opportunities offered by the Resort Village of Candle Lake."

The SCR Board had eight members in 2023 including Chairperson, Fraser Markham, Vice Chairperson Faye McKay, Twyla Markham, Bev Huziek, Dolly Kellett, Sheri Carson, Michelle Korol, Terri MacDonald and Council Representative, Debbie Hunter along with Staff Delegate, Recreation and Community Development Manager, Andrea Crowdis. The Board welcomes two new members for 2024, Erin Maloy and Doris Newkirk. Vacancies still exist on the board, so if you are passionate about Sport Culture or Recreation in Candle Lake and would like to get involved, please speak to any of the members.

In my opinion, the Candle Lake production of the play "The Savannah Sipping Society" was the best event of 2023. We benefited from the involvement of all of the Sport, Culture and Recreation Board members as well as numerous community volunteers to ensure the success of this drama production. Thank you everyone for your interest, involvement and support.

**We are pleased to provide an overview of the Board's activities and accomplishments during the last 12 months:**

- Presentation of the drama production "The Savannah Sipping Society"
- Music Bingo
- Drive-in Movie Theatre
- Laying of a wreath at the 2023 Remembrance Day Ceremony
- Family Fun sessions at the community hall
- Welcome Back to the Lake Celebration
- Canada Day parade, luncheon, fireworks and family activities
- Mystical Forest Trail (July and August)
- Community Christmas Supper (includes sleigh rides, children's activities and programs)
- Participation in the Candle Lake Provincial Park Festival of Lights with a decorated site

**Annual activities and events continued including:**

- Monthly bingo nights
- Selection of the student and adult volunteer winners for the Volunteer of the Year Award

## FEEDBACK

We'd love to hear what you think of The WAVE. If you have any comments or questions, please contact us at [info@candlelake.ca](mailto:info@candlelake.ca)





## Community grant funding was allocated to the following groups:

- Candle Lake Pickleball Clinic
- Basketball Hoops Camp
- Candle Lake Library (Storybook Trail)
- Trails Advisory Board – Curl and Ski Day
- Candle Lake Senior's Group – Pattern Dance Lessons

Funding was also provided for the Gator's Waterfest Event.

Finally, the Board completed the following community projects:

- "Life Size" chess and checkerboard outside
- Placement of community bike racks



## 2024 Bingo Dates

- |               |             |                |
|---------------|-------------|----------------|
| • January 19  | • June 19   | • September 20 |
| • February 16 | • July 10   | • October 18   |
| • March 15    | • July 24   | • November 15  |
| • April 19    | • August 7  | • December 13  |
| • May 17      | • August 21 |                |

All Bingos start at 7:30 pm. Doors open at 6:45 pm. Concession items, bingo dabbers and cards are available for purchase on site at each Bingo.

The January 19 Bingo includes a Jackpot of \$558.75 carried forward from the December Bingo.



## Resort Village of Candle Lake Community Pancake Breakfast January 20th

Please join us for a fun and filling social gathering on January 20th from 8:30 to 10:30 am at the Recreation Hall. Breakfast includes pancakes, sausage, and juice or coffee. Cost is \$5/plate. Everyone welcome!

## Feature Photo: 2023 Illuminate Candle Lake Photography Contest

This photo taken by Joanne Angelstad was chosen as a winner in our 2023 Illuminate Candle Lake Photography Contest.



## Candle Lake Citizens on Patrol Program

COPPS is hard at work patrolling our community. Some of our activities this year included a display at Welcome Back to the Lake, Trunk or Treat, Festival of Lights and orientating new volunteers.

We also thank Ray and Carol Jones and Val and Clarence 'Bucky' Bukowski for their years of dedication and service to COPPS, making it one of the most active and successful COPPs organizations in Saskatchewan.

Tips to safeguard your property can be found the following links:

- Five tips to secure your home | Royal Canadian Mounted Police ([rcmp-grc.gc.ca](https://rcmp-grc.gc.ca))
- BC RCMP - Preventing theft from and of vehicles ([rcmp-grc.gc.ca](https://rcmp-grc.gc.ca))
- Seniors Guidebook to Safety and Security | Royal Canadian Mounted Police ([rcmp-grc.gc.ca](https://rcmp-grc.gc.ca))

Next Meeting: January 7, 2024 at 1:00 pm at the Candle Lake Curling Club.  
Robert Schultz, President, Candle Lake Citizens on Patrol Program

## News from the Trails Advisory Board

### 2023 Trails Advisory Board Highlights

**The past year has been rewarding and fun in terms of trail development and utilization at the Resort Village of Candle Lake. The Trails Advisory Board experienced several successes in 2023:**

- Approval of Fun Run Funding of \$16,000.00
- Approval of SGI Traffic Safety Fund Grant for \$40,000.00
- Preliminary development of Fun Run Trail
- Implementation of the Trail Exploration Challenge and over 220 participants and submissions
- Improvements to Northview Trail boardwalk
- Creation of heritage trailhead signs for Old Horse Trail
- Extension of Simon Lehne Trail
- Widening of Bay Lake North Trail for cross country ski grooming

The Board would like to welcome Joanne Kowalski and Lorna Gibson as new members at large appointed by Council on December 14th. Along with Joanne and Lorna, the Trails Advisory Board currently has ten members including Dave Werrett – Chairperson, Hugh Garven, Terri Garven, Shawna Colpitts, Doug McLaughlin, Robert Schultz, Ed Horn, and Lance Macsymic. Vacancies still exist on the Board, so if you are passionate about Candle Lake Trails and would like to get involved, please contact Andrea Crowdis, Manager of Recreation and Community Development at 306-929-2236.



# January 2024 Recreation Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Happy New Years! 9:00 Walkers 1:00 Pickleball 1:00 Cardmaking	2 9:00 Walkers 1:00 Quilting 4:30 Family Fun Night 7:30 Badminton	3 9:00 Walkers 12:30 Art Club 1:00 Pickleball	4 9:00 Walkers 1:00 Pickleball 1:00 Quilting 7:30pm Badminton	5 9:00 Walkers 10:00 Forever in Motion	6
7 7:00pm Evening Pickleball	8 9:00 Walkers 10:00 Parent and Tot gym time 1:00 Pickleball 1:00 Cardmaking 5:15 Zumba	9 9:00 Walkers 10:00 Forever in Motion 1:00 Quilting 4:30 Family Fun Night 5:30 Seniors Potluck 7:30 Badminton	10 9:00 Walkers 12:30 Art Club 1:00 Pickleball 3:45 Library after school program	11 9:00 Walkers 1:00 Pickleball 1:00 Quilting 5:30 Committee of the Whole Meeting 7:30pm Badminton	12 9:00 Walkers 10:00 Forever in Motion 7:30 BINGO	13
14 7:00pm Evening Pickleball	15 9:00 Walkers 10:00 Parent and Tot gym time 1:00 Pickleball 1:00 Cardmaking 5:15 Zumba	16 9:00 Walkers 10:00 Forever in Motion 1:00 Quilting 1:00pm Health Services Committee meeting 4:30 Family Fun Night 7:30 Badminton	17 9:00 Walkers 12:30 Art Club 1:00 Pickleball 3:45 Library after school program	18 9:00 Walkers 1:00 Pickleball 1:00 Quilting 7:30pm Badminton	19 9:00 Walkers 10:00 Forever in Motion	20 7:00pm Texas Hold-em
21 7:00pm Evening Pickleball	22 9:00 Walkers 10:00 Parent and Tot gym time 1:00 Pickleball 1:00 Cardmaking 5:15 Zumba	23 9:00 Walkers 10:00 Forever in Motion 1:00 Quilting 4:30 Family Fun Night 7:30 Badminton	24 9:00 Walkers 12:30 Art Club 1:00 Pickleball 3:45 Library after school program	25 9:00 Walkers 1:00 Pickleball 1:00 Quilting 5:30 Council Meeting 7:30pm Badminton	26 9:00 Walkers 10:00 Forever in Motion	27
28 7:00pm Evening Pickleball	29 9:00 Walkers 10:00 Parent and Tot gym time 1:00 Pickleball 1:00 Cardmaking 5:15 Zumba	30 9:00 Walkers 10:00 Forever in Motion 1:00 Quilting 4:30 Family Fun Night 7:30 Badminton	31 9:00 Walkers 12:30 Art Club 1:00 Pickleball 3:45 Library after school program	<div> <div>Seniors Centre</div> <div>Recreation gym</div> <div>Hall Second Floor meeting Room</div> </div>		



## Candle Lake Primary Health Care Centre - Jan. 2024

Note: Due to COVID-19 all appointments are by phone and/or screened by phone prior to visits.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
1 <b>CLOSED</b>	2 Clinic 8:00-4:30pm Dr. Jordan Wingate 9:00 – 3:30 pm	3 Clinic/LAB 8:00-4:30pm	4
8 Clinic 8:00-4:30pm	9 Clinic 8:00-4:30pm Dr. Jordan Wingate 9:00 – 3:30 pm	10 Clinic/LAB 8:00-4:30pm NP – Claudia Pearson 9:30 – 3:30 pm	11 NP Claudia Pearson 9:00 – 3:30 pm
15 Clinic 8:00-4:30pm NP – Claudia Pearson 9:30 – 3:30 pm	16 Clinic 8:00-4:30pm Dr. Jordan Wingate 9:00 – 3:30 pm	17 Clinic/LAB 8:00-4:30pm NP Claudia Pearson 9:00 – 3:30 pm	18
22 Clinic 8:00-4:30pm	23 Clinic 8:00-4:30pm Dr. Jordan Wingate 9:00 – 3:30 pm	24 Clinic/LAB 8:00-4:30pm	25
29 Clinic 8:00-4:30pm	30 Clinic 8:00-4:30pm Dr. Jordan Wingate 9:00 – 3:30 pm	31 Clinic/LAB 8:00-4:30pm	

Need an Appointment? Call 306-929-2414 Leave a message to book appointment. It will be returned that day or on the next clinic date.

Dr. Jordan Wingate – Tuesdays  
Nurse Practitioner (Casual) – Claudia Pearson  
Medical Office Assistant/Reception – Rhonda Fairburn  
Check Candle Lake Website for Updates  
[www.candlelake.ca](http://www.candlelake.ca)

**Clinic is Closed  
for Lunch  
12:00 - 1:00 pm**

Please direct questions and inquiries regarding Health Care Service at Candle Lake to:  
Tyness Meadows – Manager Primary Health Care Services  
Work: 306-747-5945  
Email: [Tyness.Meadows@saskhealthauthority.ca](mailto:Tyness.Meadows@saskhealthauthority.ca)

Laboratory inquiries to: Betty Drewes, Temporary Manager Laboratory Medicine – North Central  
email: [betty.drewes@saskhealthauthority.ca](mailto:betty.drewes@saskhealthauthority.ca)



Forever...



**in motion**™

*Physical Activity - do it for life!*

*Come Join us...*

## Functional Fitness classes, Fun and Free!

Adults 55+ Men & Women

**Forever...in motion** is an initiative that helps older adults become physically active through fitness classes led by trained volunteers. **Physical Activity – do it for life...!**

**Dates:** Starting January 5, 2024

Tuesdays and Fridays

10:00 – 11:00 a.m.

**Location:** Community Hall, Candle Lake, SK

**Focus:** Cardio, Strength, Balance, and Flexibility

**Equipment needed:** Handheld weights and an exercise band or tubing

**Cost:** No Charge

*Contact (for more information): Joanne Gartner, 306-250-5678*



## Candle Lake Seniors Club

**Our Seniors Club events for the month of January include:**

- January 9 – Seniors' Potluck Supper
- Happy Hour – 5:30 pm, Supper – 6:00 pm, followed by card game of Spades
- Members of our Seniors Club and guests are welcome.
- January 20 – Texas Hold'em Tournament 7:00 pm
- Buy In - \$10.00 • All adults are welcome.

## News from the **Library**



- Our After School Program resumes January 10 and will continue every Wednesday thereafter. Please give your bus driver permission to drop your child off at the library; parent pick up time is 5:00 pm. New guests must register at least one week prior to ensure we have enough snacks and supplies on hand. Thank you to the Community Initiatives Fund for the grant they provided, which allows us to offer this weekly program free of charge!
- Thursday, January 25 from 10:30 am to 12:00 pm: PA Regional KidsFirst! Chantelle will present an early learning program ideal for ages 0 to 6 years. Please join us for singing, dancing, crafts, and lots of other fun activities!

### **New Library Hours Starting January 2024**

- Tuesdays: 11:00 am to 5:00 pm
- Wednesdays: 2:00 to 7:00 pm
- Thursdays: 9:00 am to 2:00 pm
- Fridays: 10:00 am to 2:00 pm

For more information on the library please call 306-960-9775 and follow us on Facebook at Candle Lake Library to keep up with library information and events!



Learning about how animals survive in the winter and making winter habitat dioramas.



Conservation Officers Rylan and Mitch visited us with the canine unit. We hunted for deer and moose antlers and we learned about how dogs help them with their work.

## News from the **Resort Village**

### **Keeping Saskatchewan's Brightest Light Shining: Enhancing Health Services in Candle Lake**

One of the most important amenities that contributes to quality of life in a community is the availability and accessibility of health services. Last summer, a local Housing Needs Assessment confirmed health care is a primary factor in Resort Village residents' decisions to remain in Candle Lake as they age.

The Resort Village is fortunate to have several Medical First Responders as part of our Emergency Services team. These highly trained individuals respond to emergency situations and play a large role in the providing emergency health care in our community.

When it comes to day-to-day health care in our community, over the past three years, Candle Lake Council has been working closely with our local Health Services Committee to advocate for additional health services. The hard work and efforts of these dedicated volunteers, working together with the Saskatchewan Health Authority (SHA) has started to pay off.

#### **Physician Recruitment**

In October 2023, Dr. Jordan Wingate took on the role of physician at the Candle Lake Primary Health Care Centre, providing family physician services one day a week.

#### **Continued Use of Valued Nurse Practitioners**

Our community has been fortunate to have had access to the services of Nurse Practitioners (NP) on a casual basis, and the hope is to have more NP coverage at the Health Centre. practitioners (NPs) are registered nurses who have additional education and nursing experience, which enables them to diagnose and treat illnesses, order and interpret tests, prescribe medications, and perform medical procedures.

#### **Expansion of services at the Candle Lake Primary Health Care Centre**

In November 2023, diagnostic services were doubled at the Health Centre with the hiring of a new Medical Lab Assistant to collect specimens and perform non-urgent electrocardiograms (ECGs).

#### **Future Planning for Health Services in Candle Lake**

In December 2022, the Health Services Committee developed a Discussion Paper for Candle Lake Health Service Requirements. This document includes information on our growing community and demographics and compares our health services to those of surrounding similar-sized rural communities. It discusses how our community health care services must expand particularly in the areas of primary health care, home care, chronic disease management, emergency services, and proposed short term solutions to making gains in these areas. The Health Committee continues to work on the following:

#### **Continued Advocacy for Increased Health Centre Hours**

The Health Services Committee continues to lobby the government for increased hours at the Health Centre to five days a week with full time Nurse Practitioner service or physician coverage. They are providing information and working with SHA leaders to increase their understanding of our community's needs.



## Increased Phlebotomy Services

The Committee is currently in discussions with SHA for a contracted Phlebotomist, the cost of which would be shared by SHA, the Resort Village and the patient.

## Promoting Use of Home Care and Other Services

Through advertisements in the Wave newsletter, the Committee is working to promote home care services, which can be accessed through your physician or by calling the Prince Albert Home Care Office at 306-765-2450.

Residents may also access local health service information by calling 2-1-1 and of course, the provincial Healthline (8-1-1) is a free, confidential, 24-hour service available to provide professional health or mental health and addictions advice, education, and support. Additional outpatient and addiction services are available in Prince Albert.

## Planning for Virtual Care Service or Telehealth

The Committee is discussing the use of virtual services with the SHA. Many physician consultations can be managed successfully using a camera and the internet. SHA could provide the required equipment to facilitate these virtual exams here, at Candle Lake. More discussions are needed on this service, and the Committee would like to hear residents if this service would be used if it were implemented here.

## Promoting the Expanded Scope of Pharmacists

Our community is fortunate to have an independently owned pharmacy and full-time pharmacist. The Health Committee reminds residents that a pharmacist is able to assess, diagnose and prescribe medication for minor ailments.

## The Health Services Committee Wants to Hear From You!

Starting in early 2024, the Health Services Committee will be conducting a Health & Wellness Community Needs Assessment to obtain feedback and ideas from community members on the additional types of health services they would like to see in our community, and in what areas the Committee should be targeting its efforts. The Assessment will begin with a series of in person focus groups, or small group sessions, where residents can provide ideas and have in-depth conversations on the types of health care services the Committee should strive to achieve.

Watch for more information on these sessions in upcoming issues of The Wave Newsletter and on the RVCL Facebook page.

In the meantime, if you have any feedback and ideas for the Committee, please contact the Resort Village Office or a member of the Committee. Residents are also encouraged to share their experiences and concerns about health care in our community with the SHA by contacting the Integrated Northern Health Client Concern Office at [northclientconcerns@saskhealthauthority.ca](mailto:northclientconcerns@saskhealthauthority.ca) or at 1-833-484-2577.

Thank you to all past and current members of our Health Committee for their hard work in helping to expand health services in our community!

**Health Services Committee (current):**

- Marianne Kostyna – Chairperson
- Michelle Lozej – Vice Chairperson and Secretary
- Marion Cresswell
- Shirley Scott
- Valerie Manton
- Cecilia Jacobson -Treasurer
- Debra Hunter- Representing CL Village Council
- Steve May - Representing the CL Fire Dept
- Karen Mack - Representing Medical First Responders



The Committee is always looking for volunteers. Please contact the Resort Village Office for more information, or to express your interest in joining this very important Committee.

Emergency Services is also looking for additional Medical First Responders. Please contact Fire Chief Jim Arnold at 306-929-2236 or [fire@candlelake.ca](mailto:fire@candlelake.ca)

## Other RVCL News

### 2024 Council Meeting Dates

All meetings are held in the Community Hall and begin at 5:30 pm.

**Committee of the Whole Meeting Dates:**

- Thursday, January 11
- Thursday, February 8
- Thursday, March 7
- Thursday, April 11
- Thursday, May 9
- Thursday, June 13
- Thursday, July 11
- Thursday, August 8
- Thursday, September 12
- Thursday, October 10
- Thursday, November 14
- Thursday, December 12

**Regular Council Meeting Dates:**

- Thursday, January 25
- Thursday, February 22
- Thursday, March 21
- Thursday, April 25
- Thursday, May 23
- Thursday, June 27
- Thursday, July 25
- Thursday, August 22
- Thursday, September 14
- Thursday, October 24
- Thursday, November 28
- Thursday, December 19



## Resort Village Christmas Holiday Hours Revised Garbage Schedules and Landfill Hours

The Resort Village Office will be closed December 25, 2023 - January 2, 2024 for Christmas holidays.

### Holiday Garbage Schedule

Regular Pick Up Date	New Pick Up Date
Monday, Dec. 25	Wednesday, Dec. 27
Tuesday, Dec. 26	Thursday, Dec. 28
Wednesday, Dec. 27	Friday, Dec. 29
Monday, Jan. 1	Tuesday, Jan. 2
Tuesday, Jan. 2	Wednesday, Jan. 3
Wednesday, Jan. 3	Thursday, Jan. 4

The regular collection schedule will resume the week of January 8th.

### Landfill Hours

The landfill will be closed Tuesday, Dec. 26. It will be open Saturday, Dec. 30 as per the regular winter schedule.

Are you planning to build in the Resort Village of Candle Lake this year? Remember, you must have a development permit in place prior to beginning any work such as clearing a lot. You will also require a permit to build within the RVCL.

[Learn more here](#)

## Bridge Replacement May Cause Delays

Starting January 8, the Saskatchewan Ministry of Highways will be replacing the short-span bridge structure on Highway No. 120 over White Gull Creek, north of Candle Lake. The total length of the bridge is 12 metres. The Ministry is completing this work internally with its Bridge Crew.

The public can expect minor delays and disruptions to their normal schedules. A single-lane detour bridge will be installed on the east side of the bridge and will be controlled by traffic signals. These traffic signals will be inspected and maintained by qualified personnel daily. The detour will be a minimum of 4.2 meters in width. Motorists will be required to adhere to a reduced 60 km/hr speed limit within the construction zone. Work on this project is expected to be completed by March 15th, 2024. To learn more, please contact the Ministry of Highways at <https://www.saskatchewan.ca/residents/transportation/highways/>

## **Next Steps in 55+ Housing Underway**

With over 1,100 permanent full-time residents and almost another 1,100 other property owners, Candle Lake is a popular place to be. A Housing Demands Needs Assessment recently conducted by the Resort Village found there is a very high desire for housing among older residents who wish to remain in Candle Lake as they age. One-third of those who participated in the research indicated they are considering a move within five years unless there are other housing options available for them. It also identified interest in attracting more health care services to the community so that care is available as close to home as possible. The Candle Lake 55+ Housing Project is seeking ways to support its permanent residents by providing specialized, supported housing options that will allow aging residents to remain in Candle Lake longer.

An Expression of Interest has been issued to identify builder/developer(s) who are interested in the opportunity to build for resale, owner occupied or purpose-built rental housing. This is the first step in making a 55+ housing project a reality in Candle Lake.

[Read more about the Candle Lake 55+ Housing Project, the Housing Demands Needs Assessment, and the Expression of Interest at this link.](#)

If you have any questions about this project, please call the Resort Village Office at 306-929-2236.

## **Caring for our Wildlife**

A friendly reminder that Section 23 of the Animal Control Bylaw prohibits the feeding of wildlife on public or private property within the Resort Village. Providing snacks to our four-legged friends may seem like a good idea at the time, but this practice can be detrimental to animals for many reasons. In addition to not being able to digest the food, animals can become reliant on you as a food source. As this happens, they will tend to not seek out their natural food source, which can lead to starvation and eventual death. Feeding also makes animals lose their natural fear of humans. They can become aggressive or a nuisance, leading to human-wildlife conflict which could result in the untimely disposal of an aggressive animal. Please keep our animals safe by treating them like the wildlife they are.





## **Budget Planning Underway**

Like all Saskatchewan municipalities, the Resort Village must follow provincial legislation when developing and approving its operating and capital budget. Work on our budget starts in the fall. Administration gathers information for the past year and planning sessions are held to discuss potential projects. Council identifies priority projects and a preliminary draft budget is created and presented to Council. Additional discussions are held as required, and a final budget is then prepared and presented to Council. The budget is typically approved by late March of each year.

[Learn about our capital and operating budgets](#)

## **Property Tax Deadline Approaching**

A reminder that property taxes for 2023 are due by December 31, 2023 to avoid interest charges. Please call the Resort Village at 306-929-2236 if you have any questions about your taxes or payment options.

### **Rebates on Landfill Fees and Property Taxes are available now!**

The Resort Village is encouraging property owners to improve our neighbourhoods by demolishing or removing/replacing substandard buildings on their property. A 100% rebate on landfill fees to a maximum of \$3,000 will be applied to Demolition Permits, as will a three year tax exemption on the assessed value of the development from the date of approval of the Demolition Permit. In addition to rejuvenating our neighbourhoods, this policy will help encourage new development, resulting in increased assessment and future tax revenue. An added bonus, it will also help us maximize the utilization of the remaining space available in the old landfill cell prior to its closure in Fall 2024.

The Neighbourhood Rejuvenation Policy was approved at the October 19, 2023 Regular Public Meeting and can be found at this link: <https://candlelake.ca/p/rvcl-policies>



## Church **Services**



### Candle Lake Community Church

Worship Services – Everyone is Welcome  
\*Sundays at 10 am

#### **Worship Leaders for January**

January 7– Archdeacon Andrew Hoskin

January 14 – Mark and Cheryl Sorell

January 21 – Pastor Brian Unruh

January 28 – Pastor Dan Haugen

**Christmas Hampers** – 9 hampers were assembled from the generous donations we received. Thank you to everyone.

Church Contact – Valerie Manton 306-960-0693

Please note: Valerie is the contact for the Community Church only.

### Roman Catholic Service

- Held at the Community Church
- Mass is held Saturday's at 5:00 pm.
- Father Manh Nguyen serves the Candle Lake congregation.
- Confessions are heard before Mass.
- The Rosary is said before all Masses at 4:40 pm.

#### **Weekday Masses:**

- Wednesdays at St. James – Albertville at 7:00 pm.
- Thursdays at St. Mary's – Christopher Lake at 3:00 pm.

