

## News from the Sport, Culture and Recreation Board

### Highlights of 2024 Sport, Culture and Recreation Board Activities

The 10 members of the SCR Board, a Committee of Resort Village Council, had a busy year providing support to the following activities throughout 2024:

- Monday Morning Parent and Tot Time
- Tuesday Afternoon Family Fun Sessions
- RVCL Community Pancake Breakfasts
- Monthly Bingo nights (including one Music Bingo)
- Participation in the Welcome Back to the Lake event
- Selection of the Student and Adult Volunteer of the Year Award recipients
- Organization of the Canada Day Parade, food concession and ceremony, family activities, evening fireworks
- Fourth annual Mystical Forest Trail (open during July and August)
- Drive In Movie Theater
- Organization of the Trunk or Treat community Halloween event (including the Haunted House Displays in the Community Hall)
- A wreath placement at the Candle Lake Remembrance Day Ceremony
- The annual Community Christmas Supper (including Sleigh Rides and indoor activities for the children)
- Set up of a Christmas themed display for the Candle Lake Provincial Park "Festival of Lights" (at Sandy Bay Campground)



Community Gardens float in the Canada Day Parade

The Board wishes to acknowledge the assistance that was provided by numerous community volunteers to facilitate these activities and events.



SCR Board display at the Festival of Lights

### FEEDBACK

We'd love to hear what you think of The WAVE. If you have any comments or questions, please contact us at [info@candlelake.ca](mailto:info@candlelake.ca)

## **BINGO News**

A total of 38 people attended the first Bingo of 2025 on January 17. The assigned Jackpot Prize of \$244.50 was not awarded so it will be carried forward to the next Bingo on Friday, February 21.

Bingo play starts at 7:30 pm with access to the Candle Lake Recreation Hall available at 7:00 pm. Concession items, Bingo dabbers as well as Bingo cards can be purchased (with cash) at each Bingo.

The assigned date for the March 2025 Bingo is Friday, March 14. Thank you for your ongoing support of this Candle Lake community activity.



## **Winter Break at Candle Lake February 14 - 23**

### **WHO'S LOOKING FORWARD TO THE FEBRUARY BREAK?**

*There are tonnes of things planned to help you stay active and have fun!*

### **SATURDAY, FEBRUARY 15 TO SUNDAY, FEBRUARY 17**

- **FREE Fishing Weekend**

### **SATURDAY, FEBRUARY 15**

- **8:00 am – 4:00 pm:** Vintage Snowmobile Races at Candle Lake Golf Course
- **5:00 pm:** Roman Catholic Mass at the Candle Lake Community Church
- **7:00 – 10:00 pm:** Night Lit Cross Country Ski/Snowshoe Event at Sandy Bay Campground. Sponsored by Trails Advisory Board; includes a bonfire and hot chocolate. Bring your own equipment.

### **SUNDAY, FEBRUARY 16**

- **10:00 am:** Regular weekly Community Church Service - Everyone is welcome!
- **10:00 – 3:00 pm:** Candle Lake Golf Resort 2nd Annual Fishing Derby

### **MONDAY FEBRUARY 17**

- **Family Day Statutory Holiday**

### **FRIDAY FEBRUARY 21**

- **7:00 pm:** Bingo at the Community Hall by Sport, Culture and Recreation Board

### **SUNDAY, FEBRUARY 23**

- **8:00 am – 2:00 pm:** Emma's Restaurant monthly Breakfast Buffet





## News from the **Trails Advisory Board**

### **Aschim Homestead Report 2024**

What a fantastic year it has been for the Aschim Homestead! We are thrilled to share that the number of visitors has grown, and our fourth guestbook is almost filled! We've made great strides with maintenance, including repairs to the boardwalks and prompt grass cutting and tree removal along the pathways. Plus, our Wordle contest brought enjoyment and cash prizes to many participants, and we're excited to bring this feature back again in the future!

In the summer, we experienced damage to the old signage along Highway 120. We're in the process of upgrading and replacing it to better identify the entrance to Aschim Homestead. However, we're waiting on further instructions from the Highways department before new signage can be installed. Rest assured, the entrance remains the same, though it may not be signed for the time being.

This winter, the trails are perfect for snowshoeing with the recent snowfall. There are plenty of tracks on all the main trails, and we're excited for you to enjoy the winter wonderland. Just a friendly reminder, Aschim Homestead is a designated snowshoeing and walking area. Recently, three snowmobiles bypassed the yellow service road barrier into the yard. To ensure everyone's safety, that entrance has been blocked. Snowmobilers are still welcome to use the privately owned service road around the yard to reach Cranberry Creek cottages, but please avoid the yard itself.

The parking lot is plowed, the house is open, the mini-museum is ready for your visit, and the winter scenery is nothing short of breathtaking. We invite you to come enjoy Aschim in winter – it's a great time to explore!

Contributed by The Aschim Wanderer



### **Candle Lake Trails Advisory Board In Partnership with Saskatchewan Parks And Candle Lake Recreation and Community Development**

#### **Night Lit XC Ski/Snowshoe Event**

**Saturday, February 15th, 2025  
7:00 PM to 10:00 PM  
Free, Everyone Welcome!**

**Location:**  
Sandy Bay Campground

XC Ski: Groomed 800-meter loop (dual)  
Snowshoe: Along edge of groomed trail  
🔥 Bonfire & Hot Chocolate to keep you cozy!

**Don't Forget:**  
**Equipment:** XC Ski or Snowshoe gear **not** provided  
**Headlamps** recommended **not** provided

**Walking may depend on snow depth**

**Come join us for a night of winter fun under the stars, good vibes, and great company! ✨**

## **Learn to Skate Workshop**

### **FEBRUARY 23**

Join us at the Candle Lake Fun Run Community Rink for a fun, outdoor skating workshop with Skate Canada Regional Certified coach, Katelyn Jenkins. Skaters will be grouped based off of experience into beginner, intermediate or advanced lessons.

- Specific Group & Time TBD upon registration
- Cost \$5-10/skater
- All skating levels welcome, ages 3+
- Deadline to Register- Monday, **February 17th**

TO REGISTER YOUR SKATER(S) SCAN  
HERE OR CLICK THE LINK ABOVE!



Proudly sponsored by  
The Candle Lake Sports,  
Culture and Recreation Board

# February 2025 Recreation Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 9:00 Walkers 10:00 Parent and Tot Gym Time 1:00 Pickleball 1:00 Cardmaking	4 9:00 Walkers 10:00 Forever in Motion 1:00 Quilting 3:45 Family Fun 5:30 Zumba 7:00 Badminton	5 9:00 Walkers 12:30 Art Club 1:00 Pickleball	6 9:00 Walkers 1:00 Pickleball 1:00 Quilting 7:00 Badminton	7 9:00 Committee of the Whole Meeting	8
9	10 9:00 Walkers 9:30 CLTAB 10:00 Senior Board meeting 10:00 Parent and Tot Gym Time 1:00 Pickleball 1:00 Cardmaking	11 9:00 Walkers 10:00 4ever in Motion 1:00 Quilting 1:00 Seniors Wellness Program 3:45 Family Fun 5:30 Senior Potluck 5:30 Zumba	12 9:00 Walkers 10:00 Health Board 12:30 Art Club 1:00 Pickleball 3:45 Library After School Program	13 9:00 Walkers 1:00 Pickleball 1:00 Quilting 7:00pm Badminton	14 9:00 Walkers 10:00 Forever in Motion	15
16	17 9:00 Walkers 10:00 Parent and Tot Gym Time 1:00 Pickleball 1:00 Cardmaking	18 9:00 Walkers 10:00 Forever in Motion 1:00 Quilting 3:45 Family Fun 5:30 Zumba 7:00 Badminton	19 9:00 Walkers 12:30-4 Art Club 1:00 Pickleball	20 9:00 Walkers 1:00 Pickleball 1:00 Quilting 5:30 Council Meeting 7:00 Badminton	21 9:00 Walkers 10:00 Forever in Motion 7:30 BINGO	22 7:00 Texas Hold'm
23	24 9:00 Walkers 10:00 Parent and Tot Gym Time 1:00 Pickleball 1:00 Cardmaking	25 9:00 Walkers 10:00 Forever in Motion 1:00 Quilting 3:45 Family Fun 5:30 Zumba 7:00 Badminton	26 9:00 Walkers 12:30 Art Club 1:00 Pickleball	27 9:00 Walkers 1:00 Pickleball 1:00 Quilting 7:00pm Badminton	28 9:00 Walkers 10:00 Forever in Motion	

Recreation gym
  Second Floor meeting Room
  Seniors Center



## Candle Lake Primary Health Care Centre - Feb. 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Clinic -8:00-4:30pm  NP Kristen Taylor-Wall 9:00 - 3:30 pm	4 Clinic -8:00-4:30pm  Dr. Jordan Wingate NP Kristen Taylor Wall 9:00 - 3:30 pm	5 Clinic -8:00-4:30pm  NP Kristen Taylor-Wall 9:00 - 3:30 pm	6 Clinic -8:00-4:30pm  NP Kristen Taylor-Wall 9:00 - 3:30 pm	7 Clinic -8:00-4:30pm  NP Kristen Taylor-Wall 9:00 - 3:30 pm
10 Clinic -8:00-4:30pm  NP Kristen Taylor-Wall 9:00 - 3:30 pm	11 Clinic -8:00-4:30pm  Dr. Jordan Wingate NP Kristen Taylor Wall 9:00 - 3:30 pm	12 Clinic -8:00-4:30pm  NP Kristen Taylor-Wall 9:00 - 3:30 pm	13 Clinic -8:00-4:30pm  NP Kristen Taylor-Wall 9:00 - 3:30 pm	14 Clinic -8:00-4:30pm  NP Kristen Taylor-Wall 9:00 - 3:30 pm
17 <b>CLOSED FOR FAMILY DAY</b>	18 Clinic -8:00-4:30pm  Dr. Jordan Wingate NP Kristen Taylor Wall 9:00 - 3:30 pm	19 Clinic -8:00-4:30pm  NP Kristen Taylor-Wall 9:00 - 3:30 pm	20 Clinic -8:00-4:30pm  NP Kristen Taylor-Wall 9:00 - 3:30 pm	21 <b>CLOSED</b>
24 Clinic -8:00-4:30pm  NP Kristen Taylor-Wall 9:00 - 3:30 pm	25 Clinic -8:00-4:30pm  Dr. Jordan Wingate 9:00 - 3:30 pm	26 Clinic -8:00-4:30pm  Dr. Jordan Wingate 9:00 - 3:30 pm	27 <b>CLOSED</b>	28 <b>CLOSED</b>

Dr Jordan Wingate – Tuesday

NP – Kristen Taylor-Wall – Monday to Friday

Rhonda Fairburn - Medical Office Assistant/Reception

Shelley Empey – Medical Office Assistant – Casual

Alana Jellicoe – Medical Office Assistant – Casual

Check Candle Lake Website for Updates

[www.candlelake.ca](http://www.candlelake.ca)

Please direct questions and inquiries regarding Health Care Service at Candle Lake to:

Tyness Meadows – Manager Primary Health Care Services

Work: 306-747-5945

Email: [Tyness.Meadows@saskhealthauthority.ca](mailto:Tyness.Meadows@saskhealthauthority.ca)

Need an Appointment? Call 306-929-2414 Leave a message to book appointment. It will be returned that day or on the next clinic date.

**Clinic is Closed for 1 hour for Lunch**

## HEMOCARE NURSE

### Prince Albert Home Care Office

Unit D 4050 2nd Avenue  
West, Prince Albert

Phone: 306-765-2450

Providing services to:  
Communities of Prince  
Albert, Birch Hills,  
Kinistino, Weldon,  
St. Louis, Christopher Lake,  
Paddockwood, Meath Park,  
Candle Lake,  
Albertville and  
Henribourg



Candle Lake Home Care Services  
From the SHA website –  
<https://paphr.ca/services/home-care-care-homes-end-of-life-palliative-care>



1. Mental Health
2. Health Care
3. Learning / Education
4. Community Programs
5. Seasonal
6. Homelessness
7. Employment / Training
8. Housing
9. Basic Needs
10. Legal / Courts
11. Income Support
12. Older Adults
13. Youth
14. Children / Family
15. Disability
16. Veterans
17. 2SLGBTQIA+
18. Crisis hotline
19. Violence / Abuse
20. Indigenous People
21. Parent Center

## SASK HEALTH 211

For questions about any of the below issues please feel free to  
Call 211  
Text HELLO to 211  
Online at [www.211.ca](http://www.211.ca)

211 Saskatchewan offers a database of over 6,000 community, social, non-clinical health, and government services across our province.  
To be connected with Service Navigators ready to help 24/7/365, or search below independently.  
Help over the phone is available in over 175 languages, including 17 Indigenous languages.

CALL 811

today to

## GET HELP

When you call 811, a licensed healthcare professional will give you options and information to help you with health or mental health and addictions-related questions or concerns. You will be able to discuss your concerns in a safe, caring, and confidential manner.

A registered nurse will assess your symptoms and help you decide whether to treat your own symptoms, go to a clinic, see your primary health care provider, or access emergency medical care, if necessary.

HealthLine 811 also provides mental health and addictions support. HealthLine's registered Psychiatric Nurses and Registered Social workers can offer crisis support, advice to help you manage your situation, and connections to resources in your community.

### HELP TO DEAL WITH MENTAL HEALTH ISSUES:

- Behavioral and emotional disorders in children.
- Dissociation and dissociative disorders.
- Obsessive compulsive disorder.
- Bipolar affective disorder.
- Anxiety disorders.
- Eating disorders.
- Depression.
- Paranoia.

HEALTHLINE 811



# News from the Health Services Committee

## Candle Lake Alive and Well Survey Results

From July to November 2024, the Candle Lake Health Committee surveyed community members regarding health and wellness as individuals and as a community. 375 people responded to over 120 questions providing insights into our community health needs and resources, now and for the future.

A summary of the survey results has been created. [Alive and Well Survey Results 2024](#) provides an overview of the community responses including the overall demographics of the respondents, and some of the key categories of information gathered. Printed copies of the report are available at the RVCL Office or the Candle Lake Health Center.

As part of the [Candle Lake Alive and Well Project](#), we will now work to clearly report the health assessment data, identify priority needs and then collaborate with stakeholders to develop strategies to address them. Health Quality Council researchers, our research student and our committee members will assist in this data analysis.

In February and March community consultations on health services will take place. These sessions will provide you with an opportunity to help prioritize the community health and wellness needs and identify the simple small-town solutions that might help to meet them. If you wish to participate in the upcoming community consultation, please contact us by email at: [rvclhealth@candlelake.ca](mailto:rvclhealth@candlelake.ca)

## Saskatchewan Social Prescribing Initiative

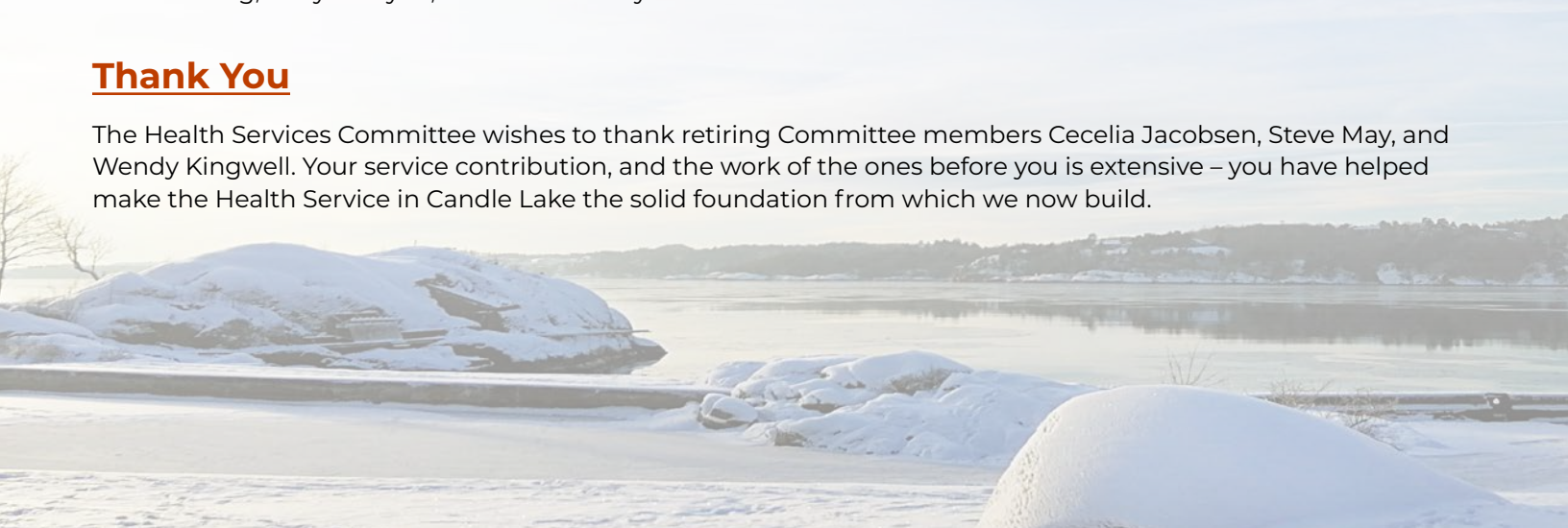
The brochure entitled [Social Prescribing in Saskatchewan](#) provides information on the new Community Connector role in Candle Lake and other participating communities. Our Community Connector, Amy Wingate is ready to receive clients. To access this service, talk with your Doctor, Nurse Practitioner, Pharmacist, or any regular health care practitioner.

## Welcome New Committee Members

Welcome to our new Health Services Committee Members: Donald Shindelka, Lorna Gibson, Bobbi Dunphy, Richard Lang, Terry Kostyna, and Claire Macsymik.

## Thank You

The Health Services Committee wishes to thank retiring Committee members Cecelia Jacobsen, Steve May, and Wendy Kingwell. Your service contribution, and the work of the ones before you is extensive – you have helped make the Health Service in Candle Lake the solid foundation from which we now build.





## News from the Library

The After School Program on January 15th was well attended with our Special Constables sharing about their role in Candle Lake and answering questions. We really appreciated the tour of the vehicle and their engaging conversations with the children!

Thank you to Chantelle from Prince Albert Regional KidsFirst for providing our little ones with so much fun. Chantelle will return in September with the Mobile Early Learning Program.



### **SENIOR'S WELLNESS PROGRAM:**

Tuesday, February 11th from 1:00 to 2:00 pm in the Library Board Room - Steven Jellicoe will present his program that touches on the topics of senior's health, nutrition, mobility, exercise and more of the common areas of health and wellness.

Please check our Facebook Page often for updates and news from the Library.

### **FEBRUARY AFTER SCHOOL PROGRAM THEME: DRAGONS!**

Wednesday, February 12th from 3:45 pm to 5:00 pm.

(Once only in February due to the school break)

Please remember to give your bus driver permission to drop your child off at the library, parent pick up time is by 5pm. If you are new to this program you must pre-register to ensure we have enough snacks and supplies on hand. Please call during library hours to sign up, or if you have any questions.



## **Candle Lake Medical First Responders: Making History at Candle Lake**

This past year, our first responder group became the first volunteer Medical First Responder (MFR) group in Saskatchewan to administer naloxone and save a life!

In 2024, the Saskatchewan Health Authority (SHA) expanded our mandatory list of skills. Our MFR are now certified in administering Naloxone/Narcan, Bag Valve Mask for Adults, children, infants and delivering babies.

Coincidentally, the morning after completing training and becoming certified to administer Naloxone, our MFRs attended an unconscious, unresponsive patient in cardio-respiratory arrest. Using our new skills and Naloxone medication, our medical team was able to resuscitate the patient.

Through the generous donations of community members and Council support, this year our group was able to purchase new equipment including an automatic suction unit, a portable vitals monitor, and a carbon monoxide monitor which will help us acquire crucial information quick and accurate.

The MFRs wishes to thank all Candle Lake residents, visitors, and council members (past and present), Kelly Straf at Parkland Ambulance, and the SHA for continuing to support our MFR program. Without this support, we would not be able to provide the residents of Candle Lake and area with medical help in times of need.

***“We are not what we know but what we are willing to learn.”***

## **2nd Annual Fishing Derby at Candle Lake Golf Resort**

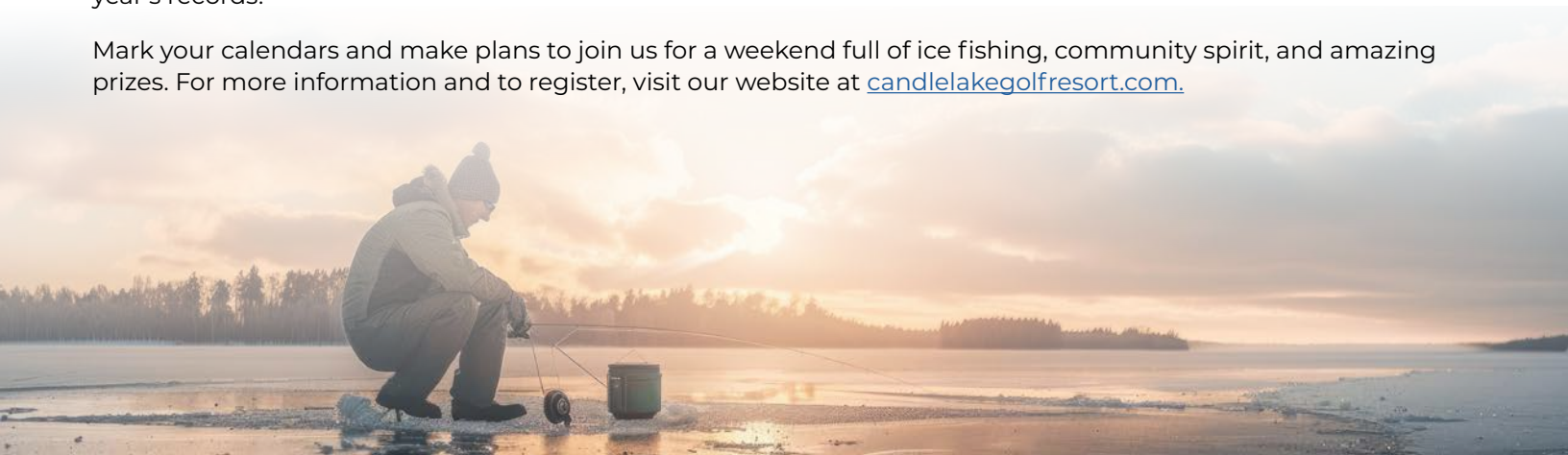
The 2nd Annual Fishing Derby will take place during the Free Fishing Long Weekend on February 16. The fishing derby brings together individuals from across Saskatchewan and this year, the goal is to double the number of entrants from 70 to 140. The Golf Resort will offer 20% off accommodations for participants.

Whether you are an experienced angler or just want to enjoy the atmosphere, everyone is welcome to participate or watch the competition. While the highlight of the weekend is the ice fishing, there's something for everyone to enjoy including a 50/50 draw with profits benefiting a local charity. There will also be hot drinks and food available for purchase near the ice fishing area.

This year over \$10,000 in prizes will be up for grabs, compared to last year's \$3,500 in prizing. There will also be several individual draws for additional prizes. Participants who enter before January 30th will be entered into a special draw for 6 rounds of golf at the Candle Lake Golf Resort.

We'll also be keeping track of the largest catches from the event. Be sure to come and see if you can break last year's records!

Mark your calendars and make plans to join us for a weekend full of ice fishing, community spirit, and amazing prizes. For more information and to register, visit our website at [candlelakegolfresort.com](https://candlelakegolfresort.com).





# News from the **Resort Village**

## Keeping Saskatchewan's Brightest Light Shining:



### Annual Burn

For two weeks in January Resort Village crews burned clean wood and brush that had accumulated at the landfill over the past year. This is material that was not suitable for recycling or any other purpose. This annual activity takes place in the winter months when it is safe to conduct a large burn. Crews monitored the fire on an ongoing basis and kept it going by continually adding wood and brush to the fire using heavy equipment.



### Renovations at the Community Hall Enhancing Meeting Spaces

Our 2nd floor board room has been enlarged to create more space for meetings of Council, Committees, and Boards. Better audio/visual capabilities are enabling us to hold virtual meetings more easily, and new flooring has helped to improve acoustics in the room. When fully complete, the room will be equipped with everything we need to make planning and holding meetings more efficient and comfortable.

## January Council Meeting Highlights

The following decisions were made at the January Regular Council Meeting:

**RVCL Cemetery** - Council gave final reading to [Bylaw 17-2024 Cemetery Bylaw](#) which will replace the current Cemetery Policy to serve as a more comprehensive guide for cemetery operations. The Bylaw included plans for additional plots plus a suitable area for a potential future columbarium

**RVCL Fees and Charges** - Final approval was given to the changes proposed to the [Fees and Charges Bylaw 20-2024](#). Cemetery Fees will increase to closer reflect the cost of operation. In addition, the Building Permit Fee was moved to the Fees and Charges Bylaw from the Planning and Development Fee Bylaw to conform to legislative requirements.

**RVCL Zoning Bylaw Amendment** - Council gave first reading to an amendment to the Zoning Bylaw to rezone lots 22 – 45 on Sunset Way from R1 Low Density Residential to R2 Medium Density Residential to permit the development of multiple unit residential development while still permitting single family dwellings. Second and third reading will occur following a public hearing at the February Council Meeting.

**Candle Lake Seniors Club License** - Council approved the license for the Seniors Club for use of space in the RVCL Community Recreation Centre.

**RVCL Appointment of Bylaw Officers** – Council passed a resolution appointing new CSOs Madisyn Brown and Steve Sabados to be authorized as Bylaw Officers for the RVCL in addition to Community Safety Officers.

**2025 RVCL Committee and Board Appointments** – Council approved the 2025 appointments of volunteer members to RVCL Committees and Boards. List of committees and members are available [here](#).

**Health Committee Alive and Well Survey Results** – Council received a report of the results of the Alive and Well Survey conducted last year to gain insight into the health needs of the community as well as a brochure outlining the Social Prescribing initiative. You can read more about both [here](#).

Detailed minutes will be posted on the RVCL website once they are approved at the next meet of Council. Agendas and reports can be found at this link: [RVCL Agendas and Minutes](#)



## Church Services



- With 2025 the Universal Catholic Church's Jubilee Year, the Diocesan Jubilee Committee is excited to announce the creation of the Diocesan Jubilee Cross-Anchor. The Symbol will travel to Candle Lake on Saturday, February 1, 2025 for Mass at the 5:00 pm service.
- St James Parish, Albertville and Candle Lake are hosting an event entitled "Enter the door of the Cathedral" to receive a blessing of indulgence on Sunday, February 16. The Mass is at 2:00 pm at Sacred Heart Cathedral located at 1401 4th Avenue West Prince Albert.

### Candle Lake Community Church

Worship Services – Everyone is Welcome

\*Sundays at 10 am

Church Contact – Valerie Manton 306-960-0693

Please note: Valerie is the contact for the Community Church only.

### Roman Catholic Service

- Held at the Community Church
- Mass is held Saturday's at 5:00 pm.
- Father Tuyen Vu serves the Candle Lake congregation.
- Confessions are heard before Mass.
- The Rosary is said before all Masses at 4:40 pm.

#### **Weekday Masses:**

- Wednesdays at St. James – Albertville at 7:00 pm.
- Thursdays at St. Mary's – Christopher Lake at 3:00 pm.