



CANDLE LAKE IS BECOMING AN *Age friendly* COMMUNITY

The Age-Friendly Community Program was introduced in Saskatchewan to recognize communities that undertake activities or create programming to be more inclusive of older adults, leading to communities that are more inclusive of all people.



Housing
Social Participation
Respect & Social Inclusion
Civil Participation & Employment
Communication & Information
Community Support & Health Services
Outdoor Spaces & Buildings
Transportation

<https://agefriendlysk.ca/>



An Age-Friendly community can help people

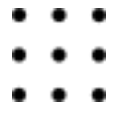
1. age in place
2. remain in their chosen home and/or community
3. programs and supports to help older adults to maintain their independence,
4. prevent illness and injury, reduce feelings of isolation.

There are many desirable outcomes including healthier citizens who live in safe, vibrant communities.

Strong community connections lead to opportunities for intergenerational interaction and collaboration.

Respect is fostered for older adults' contributions.

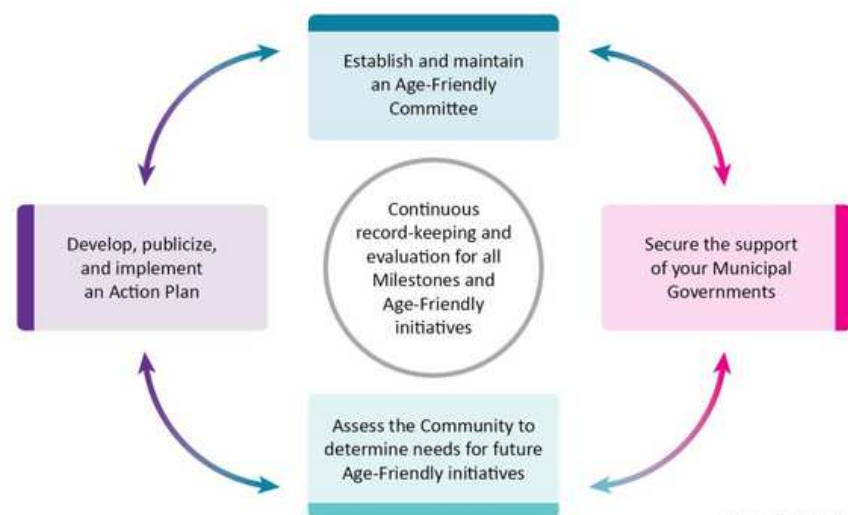
Economic strength can be improved by maintaining population and tax bases when older adults can remain in the community.



Age friendly COMMUNITY



COMMUNITY MILESTONES



Your community may start in different places around the circle. It is usually much more effective to accomplish the 3 Milestones on the right-hand side of the diagram before moving to the Action Plan and starting any Age-Friendly initiatives.

We are looking for volunteers to help this vision become a reality. If you are interested in sitting on our Age Friendly sub-committee please contact

Terri Garven at
306-527-1655

or

Michelle Lozej at
306 981-3777

<https://agefriendlysk.ca/>



For more information watch the
You tube video
Link below
[https://youtu.be/7GBAVmMZpes?
si=H9s6Vxt7XfGJNYMB](https://youtu.be/7GBAVmMZpes?si=H9s6Vxt7XfGJNYMB)

