



News from the Sport, Culture and Recreation Board

BINGO News

A Music Bingo will be held Friday, September 20 at the Community Hall.

- Start time: 7:30 pm
- Doors open at 6:45 pm.

Bingo Cards, Bingo Dabbers and various concession items and will be available for purchase.



FEEDBACK

We'd love to hear what you think of The WAVE. If you have any comments or questions, please contact us at info@candlelake.ca

Fun at the Drive-in Movie

Thank you to all the volunteers who made the RVCL Drive-in Movie a success! With the support of the Sport, Culture and Recreation Board members ('Ghostbusters'), tickets were verified and vehicles were directed to appropriate movie-watching-parking-stalls. The Chamber of Commerce did a fantastic job decorating the concession and selling treats! Lucky attendees received free treat bags donated by the Sno'Drifters.

Thanks again to everyone!! These types of collaborative efforts are what make the community of Candle Lake special. We hope everyone who attended enjoyed the film, snacks and unique experience.



News from the Trails Advisory Board



Feature Trail: Nobles Point Shoreline Trail

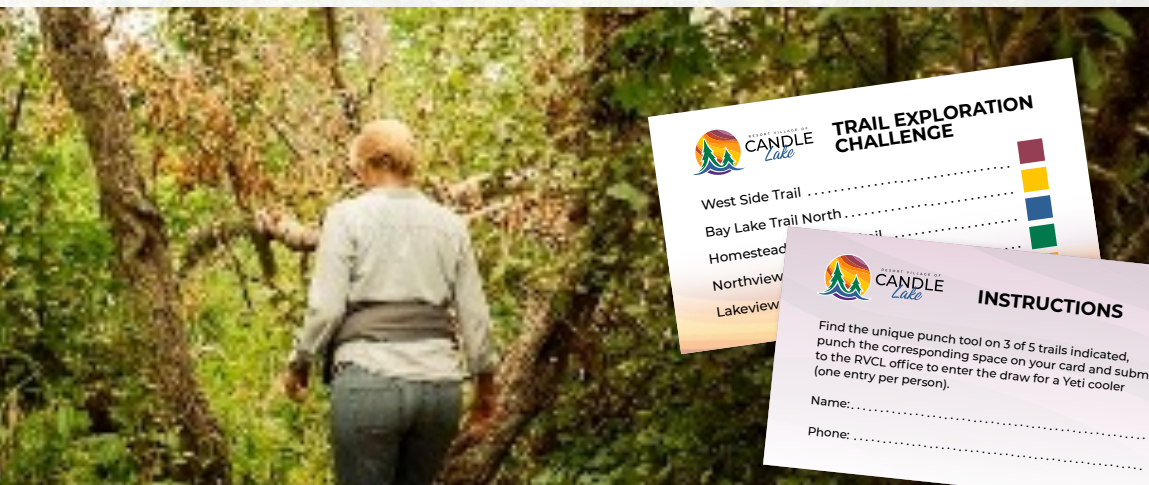
This is a 1.5 km one-way nature trail that is accessed from the Nobles Point Provincial boat launch parking lot. This was the first signed trail within Candle Lake providing information on flora/fauna and trail history. The trail includes one boardwalk. Other highlights include an old hunting shelter and a wonderful view of Candle Lake at the trail end. The first part of the trail is shared with boat dock renters. A signage barrier indicates the remainder of the trail is a narrow nature trail.

Trails Exploration Challenge

There's still time to complete your punch cards! This time of the year can provide great conditions and beautiful scenery for hiking so get out and find those punch tools on our trails before Friday, September 13, 2024. Successfully find and punch your card with three (3) of the five (5) punch tools on the trails indicated on your card then drop it off at the RVCL office for a Candle Lake hiking badge and your chance to win a Yeti cooler. Happy hiking!

Call for 'Trail Guardians'

Are you passionate about Candle Lake Trails? Interested in helping the Candle Lake Trails Advisory Board monitor trail conditions and maintain trails? Become a 'Trail Guardian'! The Candle Lake Trails Advisory Board would appreciate your help. If you walk, hike, cycle or ski any RVCL trails, your presence on a trail may help us to recognize potential improvements. The Board holds work-bees to repair boardwalks, pick up debris, trim saplings and shrubs, among many other maintenance activities. If you are interested in helping out and being added to the Trails Advisory Board list of 'Trail Guardians,' please contact Andrea Crowdis, Manager of Recreation and Community Development at (306) 929-2236 or parksrec@candlelake.ca



September 2024 Recreation Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 9:00 Walkers 1:00 Pickleball	3 9:00 Walkers 10:00 Forever in Motion 4:30 Family Fun Night 7:30 Badminton	4 9:00 Library Board meeting 9:00 Walkers 12:30 Art Club 1:00 Pickleball	5 9:00 Walkers 1:00 Pickleball 7:30pm Badminton	6 9:00 Walkers 10:00 Forever in Motion	7
8	9 9:00 Walkers 1:00 Pickleball	10 9:00 Walkers 10:00 Forever in Motion 4:30 Family Fun Night 7:30 Badminton	11 9:00 Walkers 12:30 Art Club 1:00 Pickleball 3:45 Library After School Program	12 9:00 Walkers 1:00 Pickleball 7:30pm Badminton	13 9:00 Committee of the Whole Private Function (PM)	14 Private Function
15 Private Function	16 9:00 Walkers 1:00 Pickleball	17 9:00 Walkers 10:00 Forever in Motion 4:30 Family Fun Night 7:30 Badminton	18 9:00 Walkers 9:15 Sport, Culture & Recreation Board Meeting 12:30 Art Club 1:00 Pickleball	19 9:00 Walkers 1:00 Pickleball 7:30pm Badminton	20 9:00 Walkers 10:00 Library KidsFirst Program 10:00 Forever in Motion 7:30 Music BINGO	21
22	23 9:00 Walkers 1:00 Pickleball	24 9:00 Walkers 10:00 Forever in Motion 4:30 Family Fun Night 7:30 Badminton	25 9:00 Walkers 12:30 Art Club 1:00 Pickleball 3:45 Library After School Program	26 9:00 Walkers 1:00 Pickleball 5:30pm Council Meeting	27 9:00 Walkers 10:00 Forever in Motion	28
29	30 9:00 Walkers 9:30 Trails Advisory Board meeting 1:00 Pickleball					

Recreation gym
 Second Floor meeting Room



3rd Annual Candle Lake Fun Run Festivities Take Place September 14th!

Candle Lake and area residents are welcome to join in the festivities which will include a live band, beverage garden, food trucks, as well as bouncy castles and face painting for the kids.

Event proceeds will be donated to programs and projects in Saskatchewan that focus on mental health and community enhancement within Candle Lake.

We look forward to seeing you there!

Exciting Upgrades Are Coming to the Community Hall and Contracting Opportunities are Available!

Improvements are being made to ensure the Hall is a comfortable, safe, and accessible space that better meets the needs of our community. Upgrades include enhancements to the electrical system, refreshments to both the interior and exterior, and renovations to the Senior's Room and the Gym. We are grateful for the valuable input from our user groups who shared their feedback on how the Hall can be more useful and welcoming for everyone.

As the renovation progresses, certain areas of the Hall will be temporarily unavailable. Starting August 14, the Seniors Room will be closed. Work in the Seniors Room is expected to take about three months. Work in the Gym will follow later this fall with the exterior work expected to be completed in the early spring. During the construction period, activity groups will provide updates on alternative locations and rescheduling.

The RVCL is working with Rempel Engineering & Management and TASC Project Management Corp to carry out the work and we are looking for subcontractors to work on the project. Our construction manager is currently seeking quotes for the following work that will be required over the coming weeks:

- Flooring
- Supply & Installation of Drywall
- Painting
- Suspended Ceiling
- Exterior Siding
- Metal Fabrication (Exterior Steel Stairs)
- Millwork
- Heating, Ventilation, and Air Conditioning (HVAC)

If you are interested, please send an email with your expression of interest to info@candlelake.ca specifying the type of work you specialize in, and your availability to complete the work in the coming weeks.

Any other questions can be directed to the RVCL Office at (306) 929-2236. Thank you for your patience and support as we work to create a better space for our community!



Candle Lake Primary Health Care Centre - Sept 2024

MONDAY	TUESDAY	WEDNESDAY
2 CLOSED	3 Clinic 8:00-4:30pm Dr. Jordan Wingate 9:00 – 3:30 pm	4 Clinic 8:00-4:30pm LAB 8:10 – 1:30 pm
9 Clinic 8:00-4:30pm	10 Clinic 8:00-4:30pm Dr. Jordan Wingate 9:00 – 3:30 pm	11
16 Clinic 8:00-4:30pm	17 Clinic 8:00-4:30pm Dr. Jordan Wingate 9:00 – 3:30 pm	18 Clinic 8:00-4:30pm NO LAB
23 Clinic 8:00-4:30pm	24 Clinic 8:00-4:30pm NO DR	25
30 CLOSED Nation Day for Truth and Reconciliation		

Dr Jordan Wingate – Tuesday

Lab Assistant – Wednesday
Shelley Empey

Medical Office Assistant/Reception Rhonda Fairburn

Check Candle Lake Website for Updates www.candlelake.ca

Please direct questions and inquiries regarding Health Care Service at

Candle Lake to:

Tyness Meadows – Manager Primary Health Care Services

Work: 306-747-5945

Email: Tyness.Meadows@saskhealthauthority.ca

Need an Appointment? Call 306-929-2414 Leave a message to book appointment. It will be returned that day or on the next clinic date.

**Clinic is Closed
for Lunch
12:00 - 1:00 pm**

HOMECARE NURSE

Prince Albert Home Care Office
Unit D 4050 2nd Avenue West, Prince Albert

Phone: 306-765-2450

Providing services to:
Communities of Prince Albert, Birch Hills, Kinistino, Weldon, St. Louis, Christopher Lake, Paddockwood, Meath Park, Candle Lake, Albertville and Henribourg

Candle Lake Home Care Services
From the SHA website – <https://paphr.ca/services/home-care-care-homes-end-of-life-palliative-care>

1. Mental Health
2. Health Care
3. Learning / Education
4. Community Programs
5. Seasonal
6. Homelessness
7. Employment / Training
8. Housing
9. Basic Needs
10. Legal / Courts
11. Income Support
12. Older Adults
13. Youth
14. Children / Family
15. Disability
16. Veterans
17. 2SLGBTQIA+
18. Crisis hotline
19. Violence / Abuse
20. Indigenous People
21. Parent Center

SASK HEALTH 211

For questions about any of the below issues please feel free to call 211
Text HELLO to 211
Online at www.211.ca

211 Saskatchewan offers a database of over 6,000 community, social, non-clinical health, and government services across our province.
To be connected with Service Navigators ready to help 24/7/365, or search below independently. Help over the phone is available in over 175 languages, including 17 Indigenous languages.

CALL 811 today to GET HELP

When you call 811, a licensed healthcare professional will give you options and information to help you with health or mental health and addictions-related questions or concerns. You will be able to discuss your concerns in a safe, caring, and confidential manner.

A registered nurse will assess your symptoms and help you decide whether to treat your own symptoms, go to a clinic, see your primary health care provider, or access emergency medical care, if necessary.

HealthLine 811 also provides mental health and addictions support. HealthLine's registered Psychiatric Nurses and Registered Social workers can offer crisis support, advice to help you manage your situation, and connections to resources in your community.

HELP TO DEAL WITH MENTAL HEALTH ISSUES:

- Behavioral and emotional disorders in children.
- Dissociation and dissociative disorders.
- Obsessive compulsive disorder.
- Bipolar affective disorder.
- Anxiety disorders.
- Eating disorders.
- Depression.
- Paranoia.

HEALTHLINE 811

News from the Health Services Committee

Candle Lake Health Services to Participate in the Saskatchewan Social Prescribing Initiative

Candle Lake Health Services is excited to share we have been invited to partner with the Saskatchewan Seniors Mechanism to join the Sask Social Prescribing Initiative taking root in our province. The 3-year program will enroll 14 Saskatchewan communities and will provide funding to hire a “Community Connector” to work with individuals, referred from health care providers, to find solutions for non-medical, health-related social needs. To learn more about the initiative visit: https://skseniorsmechanism.ca/social_prescribing/

Our involvement in this initiative will help us to achieve some of the goals of our Candle Lake – Alive and Well project which started in February 2024. Our vision is to “foster a thriving, healthy community, through innovative, sustainable health and wellness initiatives that evolve with local needs, ensuring equitable access to quality health care, and empower individuals to achieve optimal wellbeing through all stages of life”.

The invitation to participate in the Social Prescribing Initiative is just one more way our project is continuing to gain momentum. The Saskatchewan Health Quality Council is providing in kind research assistance and guidance and the Saskatchewan Health Authority is attentive and supportive of the work we are doing.

“Candle Lake Alive and Well” began with Community Focus Groups in March 2024 and followed with the Community Health Needs and Resources Survey in July. Through this work, we are gaining a greater understanding of Candle Lake and surrounding area’s health and wellness and where we must direct our efforts to augment services. Your participation, wealth of ideas and enthusiasm continue to fuel the project. Thank you to those who have answered the survey. To those of you, who have hesitated to answer, we want your voice. The surveying will continue through September. Access the Survey now.

Watch for more information from the Health Services Committee as we move forward with this important work.



News from Communities in Bloom

Candle Lake Communities In Bloom committee thanks the many volunteers who have spent their time keeping our lake community looking great! From flower planting and weeding, collecting recycling from the many collection points around Candle Lake and sorting through the mountain of bags collected, to working 50-50’s at the Candle Lake Golf resort, and caring for Ashim Heritage homestead, and more! Without the help of the many volunteers who have stepped forward and given of their time, our Candle Lake beautification endeavours would not be possible. Once again, we thank you!

Get involved! We welcome anyone who is interested in volunteering with the Communities In Bloom programs offered here in this lake paradise to join us!

Candle Lake Seniors North of 50 – September Events

September 10 – Seniors' Potluck Supper – Curling Rink

Happy Hour – 5:30 pm, Supper – 6:00 pm

September 11 – Nature Walk along Minowukaw Beach 10:00 – 11:00 am

September 28 – Texas Hold'em Tournament (Curling Rink starting at 7:00 pm)

Buy In - \$10.00 All adults are welcome



News from the Library

Curious Kids After School Program Returns This Fall!

The program will rotate with the Candle Lake Church Group, and will run every other Wednesday, starting on September 11 from 3:45 to 5:00 pm. September dates are September 11 and 25.

Please pre-register so we can have enough snacks and supplies on hand for everyone. Also, let us know if your child has any allergies or dietary restrictions. Heather can be reached at (306) 960-9775 during library hours, or you may send a text message with your name and contact information.

Kids arriving from Meath Park School will be dropped off by their bus drivers. You must give permission to your driver each week to leave your child at the library. Parent pick up time is by 5:00 pm.

All school age kids are welcome! This program is best suited for 5 to 12 year-olds, but if any older kids would like to participate and even help out with the younger kids we would love to have you join us! If any local preschoolers would like to join in as well, we ask that they are at least four years old, and a parent must attend with them.

A huge thank you to the Community Initiatives Fund for a very generous grant again this year, which allows us to provide this program free of charge!

Prince Albert Regional KidsFirst Starts Thursday, September 19 from 10:30 am to 12:00 pm

Chantelle is back! Please join us for lots of fun early learning activities, the third Thursday of each month. This program is ideal for ages 0 to 6 years.

Build-A-Bear Workshop

Craft a cuddly companion at our
Build-A-Bear Workshop

Where little imaginations take shape!

When: September 19th
Where: Candle Lake Library
Time: 10:30-12pm
Ages: 0-5 years
Cost: Free

Circle Time, Story, Build-A-Bear, Activities, Crafts and more...

Please Register with your Librarian.
Spots are limited for this workshop!!!

This month will be a Build-a-Bear themed workshop. Space is limited for this program so you must pre-register by calling Heather at (306)960-9775 during library hours, or text anytime with your name and contact information.

Library Hours:

- Tuesday 11:00 am to 5:00 pm
- Wednesday 2:00 pm to 7:00 pm
- Thursday 9:00 am to 2:00 pm
- Saturday 9:00 am to 1:00 pm

Please note: Starting October 1 we will return to our regular hours, which will include Fridays from 10:00 am to 2:00 pm, and closed on Saturdays.

The Candle Lake Library is located on the second floor of the Community Hall. Please enter through the door to the right of the Health Clinic.

News from the Resort Village

August Council Meeting Highlights

On August 22, 2024, the newly elected Council held their first meeting of the term, covering a range of important topics and revising the Council Meeting Schedule for the remainder of 2024. Starting in September, Committee of the Whole (CotW) meetings will be held on the second Friday of each month at 9:00 a.m., with the first meeting scheduled for September 13, 2024.



Council members were also appointed to various RVCL committees:

- RVCL Sport, Culture, and Recreation Board: Councillor Hunter
- RVCL Trails Advisory Board: Councillor Attig
- RVCL Health Services Committee: Councillor Garven
- RVCL Local Library Board: Councillor Voykin
- Mayor Colleen Lavoie will serve as an ex-officio member on all RVCL boards.



Additionally, Council representatives were appointed to outside boards and agencies:

- North Central District Planning: Mayor Lavoie and Councillor Hunter
- Candle Lake Communities in Bloom: Councillor Garven
- Provincial Association of Recreational Communities of Saskatchewan: Councillor Voykin
- North Central Area Transportation Planning: Councillor Attig

The meeting also provided an update on the Community Hall Renovation Project. You can find more details about this project on our website at: [Community Hall Renovation Project](#).

In other business, Council passed a resolution extending the Neighbourhood Rejuvenation Policy. This policy, which offers a rebate on demolition landfill fees and a tax exemption for new developments resulting from demolition, was extended until August 31, 2024.

Council approved a Social Prescribing Agreement with the Saskatchewan Seniors Mechanism. This initiative of the Health Services Committee will fund a community connector to work in Candle Lake, supporting the needs of local residents. More information can be found on Page 5 of the meeting materials.

A zoning bylaw amendment was also passed to correct a clerical error on a previous amendment, and Council authorized the execution of a subdivision servicing agreement prepared by Associated Engineering between RVCL and Candle Lake Airpark Inc.

Councillor Garven was appointed to represent the Village on the design team for the Spruce Grove Park Development. The design process will also include an opportunity for public engagement once a preliminary design is in place.

Detailed minutes will be posted on the RVCL website once they are approved at the next meet of Council. Agendas and reports can be found at this link: [RVCL Agendas and Minutes](#)

Church Services



Candle Lake Community Church

Worship Services – Everyone is Welcome
Sundays at 10 am

Worship Leaders for September

September 1 – Archdeacon Andrew Hoskin

September 8 – Pastor Brian Unruh

September 15 – Mark and Cheryl Sorell

September 22 – Rev Wendell Brock

September 29 – Pastor Howard Rensberry

Fall Luncheon will be held September 23 from 11:30 am – 1:00 pm. Admission by Freewill Offering. Everyone is Welcome.

Kids Club will begin Wednesday, September 18 at 3:45 to 4:45

Bible Study will also begin in September.

Visit our Serenity Garden

The Serenity Garden is located behind the church and is open to the public for all to enjoy its quiet beauty. When you visit, please ensure that the gates are closed when you leave.

Church Contact – Valerie Manton 306-960-0693

Roman Catholic Service

- Held at the Community Church
- Mass is held Saturday's at 5:00 pm.
- Father Peter Nnanga serves the Candle Lake congregation

Weekday Masses:

- Wednesdays at St. James – Albertville at 7:00 pm.
- Thursdays at St. Mary's – Christopher Lake at 3:00 pm.

