

VOLUNTEER SERVICES

Candle Lake First Responders

Wellness Checks

Call RVCL Office @ 306-929-2236

to register for assistance for a Wellness Check

Prescription Pick-up

Brec: 306.960.0176  
Estelle: 306.292.8571  
Jeanine: 306.960.2265  
Glenn: 306.960.6125  
Dec: 306.940.9655

Meal Delivery (from Restaurant)

Brec: 306.960.0176  
Estelle: 306.292.8571  
Marilynn P: 306.929.3258

Shopping

Estelle: 306.292.8571  
Marion: 306.940.8325

If you would like to volunteer a service please contact a Health Committee member to be added to the list.

Thank you.

To share ideas or join the Health Committee  
Call—Estelle 306.292.8571

RCMP SMEATON 1.306.426.2630

RESORT VILLAGE OF CANDLE LAKE

306.929.2236

CANDLE LAKE CONSTABLE

306.960.1855

HEALTHLINE - 811 or online

@[www.healthlineonline.ca](http://www.healthlineonline.ca)

VICTORIA HOSPITAL

306.765.6000

PRESCRIPTION DRUG

1.800.667.7581

NORTH EAST REGIONAL VICTIM SERVICES P.A 306.878.3819

MINISTRY OF SOCIAL SERVICES

1.800.487.8603

ABUSE HELP LINE

306.764.1039

KIDS HELP LINE 24 HOUR

1.800.668.6868

PROBLEM GAMBLING HELP LINE

1.800.306.6789

PASTORAL CARE Rev Cust 306.862.7681

or [d.cust@sasktel.net](mailto:d.cust@sasktel.net)

AL ANON 1.888.425.2666

P.A. Area - 306.930.0993

ALCOHOLICS ANONYMOUS

306.764.9449

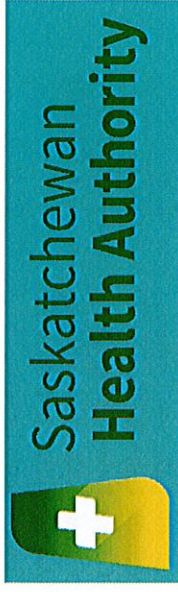
SAFER COMMUNITIES

to report problem, illegal properties  
or residences call  
1.866.517.2337

# CANDLE LAKE

## HEALTH AND LIFESTYLE SERVICES

*Working Together for the  
Betterment of  
Community Health!*



CANDLE LAKE HEALTH CENTER  
(Westside of Rec. Hall)

Clinic: 306.929.2414

Fax: 306.929.4704

Website – [www.candlelakeresort.ca](http://www.candlelakeresort.ca)-  
Services-Candle Lake Health Clinic

### EMERGENCY SERVICES

**CALL 911**

**For Ambulance, First Responders,  
Fire Service, Search and Rescue  
or RCMP**

## HEALTH CENTER SERVICES

### **What is a Nurse Practitioner?**

A NP is a registered nurse with advanced education and training to diagnose and manage day to day medical conditions. NP Health Care providers research and incorporate new knowledge into their practice, and can be consulted by other health care team members. NP's provide a wide range of direct care services to people of all stages of life. In addition to treating illnesses, they teach individuals and their families about healthy living, preventing disease and managing illness. NP's bring together medical knowledge with the values and skills of nursing to manage and assess.

### **COVID-19 – Procedures**

Visitor restrictions are in place for all Saskatchewan Health Authority

#### **Operated Clinics.**

To avoid community transmission, patients will be assessed by phone to determine if a phone appointment or a clinic appointment is needed.

### Phone Appointments may include the following,

but not limited to:

- Prescription Renewal
- Follow Up :
  - Reports
  - Investigations
    - X-ray, ultrasound, MRI, CT, ECG, Scopes, Labs, etc..
- General Questions/Concerns
- Order Urgent Investigations
- Refer to Specialists – Urgent
- Gather Medical History
- Education on Chronic Illness

### Clinic Appointments may include the following,

but not limited to:

- Pre –Op for scheduled Surgery
- Blood pressure checks
- Perform medical procedures
  - ❖ Suturing, Excision of skin lesion
- Lab draws for diagnosing and monitoring conditions

NP's work with, rather than replace other health care providers. They are part of a collaborative team that includes registered nurses, doctors, and specialists.

## Candle Lake Health Centre:

The Health Centre is staffed by a Nurse Practitioner and a Medical Office Assistant. Laboratory Services are available by appointment.

Dates and hours of operations are posted on the Clinic Window and on line at:

[www.candlelakeresort.ca/pages/candle\\_lake\\_health\\_clinic](http://www.candlelakeresort.ca/pages/candle_lake_health_clinic)

### **Please contact**

**306-929-2414 for all appointments.**

Leave a message and it will be returned on the next clinic date.

### AED: (Automatic External Defibrillator)

Located at:

- All Seasons Service
- Park Administration Office
- Sandy Bay Campground
- Minowukaw Campground
- Parks Maintenance Shop
- Seniors Centre
- Candle Lake Health Centre
- Curling Rink
- REC Hall
- 1<sup>st</sup> Responder Truck –Fire Hall
- Golf Course

**HOME CARE SERVICES:** Services for residents who require assistance with daily living including assessment, home nursing, physiotherapy, equipment for daily living, meals on wheels and personal care.

CONTACT: 306.765.2450 in Prince Albert.

### RESTAURANTS: MEALS TO GO

(Volunteer will deliver for shut-ins)

- The Wick, 306.929.3666
- Water's Edge, 306.929.2211
- Candle Castle, 306.929.4552
- Minowukaw Lodge, 306.929.4619
- Ponderosa Lodge, 306.929.2488
- Candle Café Junction, 306.929.3133
- Dragon Fly Café – 306-929-2240

### GROCERIES:

Candle Lake Fine Foods: 306.929.2262.  
All Seasons Service: 306.929.2500

Volunteers will deliver shut-in phone orders.

## SERVICES available for hire

Home Security Check, Wayne: 306.929.2419

Home Maintenance, Wes 306.960.3504

Allan's Building Services, Doug 306.961.2207

Cleaning Driveways, Bruce: 306.961.3197

Tree removal, landscaping Bruce: 306.961.3197

Water Hauling, Ed: 306.960.9050

Brian: 306.960.5766

Hairystylist (shut-in), Wendy: 306.929.2366

Reiki, Robyne: 306.929.3055

**LIBRARY:** Monday -- Thursday 1 – 4 pm  
@ Candle Lake Seniors Centre (2<sup>nd</sup> floor of the hall)

## CLUBS/GROUPS

Candle Lake Seniors Ron 306.921.4090

Curling Club, Morley: 306.270.2696

Candle Lake Quilters, Jackie: 306.929.3266

Parks and Recreation, Peggy: 306.929.2236

(Walking, Yoga, Badminton, Children's Programs, Exercises, Pickle Ball)

After School Kids Club, Marg: 306.981.6151

Communities in Bloom, Gail: 306.929.3149

Candle Lake Community Garden, Twyla 306.929.4707

Candle Lake Sno Drifters, Carla: 306.960.5597

Candle Lake Ski Trails, Ed: 306.929.4512

Candle Lake Sailing Club, Morley: 306.270.2696

Candle Lake Hiking Club, Monica: 306.929.4533

Art Club, Jean: 306.981.3497

Sportsman's League, Dennis: 306.929.4670

TOPS, Debbie: 306.981.6616

Activities and Info Center &

Candle Lake Resort Village Office

(306)929-2236

Regional Kids First, Sharon 306.922.3247

Little Library located at: Memorial Park, Candle Castle  
Golf Course Club House, Lorne Kollisnek Memorial Park  
(near Village Office)

## CHURCH CONTACTS

Roman Catholic Church

Lucille Lang: 306.929.4959 Cathy: 306.929.4504

Community Church

Glenda: 306.961.4589